

The Workation Woman Packing List

We don't buy fancy travel gear or gadgets when we workation. The biggest thing to remember when packing is that people live where you are going! So unless you're going somewhere really remote, you'll be able to buy ibuprofen, diapers, clothes and toys once you get there. If you have friends living nearby, see if they have supplies you can borrow like a car seat or pack n' play.

Use this list to get your own packing started, and I've included lines for you to add your own items!

The Luggage List

- 1 big suitcase for your clothes/shoes/toiletries
- 1 big suitcase for your spouse's clothes/shoes/toiletries
- 1 big suitcase for every two kids' clothes/shoes/toiletries (age dependent)
- 1 extra suitcase for kids' toys, work files and supplies, kids supplies (like diapers) etc. If you have the space, pack more toys than you think they'll need. They'll like the comforts of home and will be less likely to ask for screens for entertainment.
- 1 carry-on bag per person (including kids) that has snacks and distractions for the plane like small toys, a deck of cards, electronics, etc.
- Carry on your laptop for you (if needed)
- Carry on your laptop for your spouse (if needed)
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Your Suitcase/Spouse's Suitcase

- 3-4 shirts, weather-appropriate
- 2-3 pants/shorts
- 1 nice outfit for a fancier restaurant or event
- 1 warm jacket
- 1 rain jacket
- Hats and gloves or mittens
- Sun hat
- 2-3 pairs of shoes (1 for everyday walking; 1 pair of tennis shoes or hiking shoes; 1 nice pair of shoes to go with the nice outfit)
- Work-out clothes if you're planning to run, join a gym, join a yoga studio, etc.
- Five pairs of underwear
- Five pairs of socks
- Bras
- 1 week's worth of toiletries: Travel-sized shampoo/conditioner, toothpaste, a few Band-Aids, a small amount of sunscreen, etc. Buy the full-sized supplies once you've arrived.
- Favorite recipes ([I explain why here](#))
- A NICE camera. Don't only rely on your phone: This might be the trip of a lifetime, so invest in or borrow a good camera that will take pictures you can enlarge when you return home.
- Cords and power adapters ([we like this universal adapter plug](#))

Optional: A small gift for the nanny. I always like to give her something small and meaningful at the end of her time with us, such as a piece of jewelry made by a Minnesota artist.

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Your Kids' Suitcase

- 4-5 shirts, weather-appropriate
- 3-4 pants/shorts
- 1 nicer shirt for a fancier restaurant or event
- 1 warm jacket
- 1 rain jacket
- Hats and gloves or mittens
- Sun hat
- 1 pair of tennis shoes
- 7 pairs of socks
- 7 pairs of underwear
- 1 week's worth of toiletries

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Extra Suitcase (pack lightly to use this for souvenirs on the way home)

- Kids toys
- Work files/supplies (use electronic versions as much as you can)
- Other supplies that take up a lot of space, like a few days' worth of diapers if needed
- School work

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Carry-on Bags

- Snacks
- One outfit change for each person
- Toothbrush
- Prescriptions
- Any valuables in case suitcases are lost
- All travel documents and hard copies of all of your confirmations for housing, coworking, important phone numbers, directions for getting from the airport to your housing, etc. Don't assume your phone will work or connect once you land!
- Small toys, deck of cards, workbooks, other distractions for the plane
- Phones, iPads, e-readers and all chargers
- Toiletries (especially wipes for cleaning hands and spills)
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PRO TIPS

- I pack at least 1-2 shirts that I don't really like and I pack my oldest, grossest pair of tennis shoes. When it's time to leave, I either throw the clothes/shoes away or donate them, depending on the condition. That frees up even more suitcase space for souvenirs on the way home.
 - Our boys each take one backpack on the flight, and they can pack any toys they want. But they **MUST** carry their own bag the entire time – my husband and I have enough to lug around! So after they've packed their backpacks, we make the boys walk all around our house to test their bags' weight. Usually, they end up removing at least a few items!
 - After you arrive, buy a soccer ball or another sort of ball that the kids can kick around your backyard or the local park. It takes up a lot of room if you decide to bring it back home, but it's totally worth it while you're in the new city.
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